



IXWORTH FREE SCHOOL

"Providing a foundation for life"

Walsham Road,
Ixworth,
Suffolk, IP31 2HS

T: 01359 234050

E: enquiries@ixworthfreeschool.org.uk

W: www.ixworthfreeschool.org.uk

19 January 2018

Dear Parent / Carer

Sex and Relationship Education

As part of the PSHE Drop Down Day we shall focus on aspects of sex and relationships. The whole school will be involved in the day and subjects will be age appropriate. This day will include some of the following areas;

- The changes that occur to the male and female body during puberty.
- Types of relationships, girl/boy values, parental values, family values, pregnancy, legal implication, learning how to say 'no' and the importance of age of consent.
- The Law and Sexual Behaviour, Rights & Responsibilities and the Risks, Sexual Offences Act.
- Contraception, misconceptions, reliability and responsibility.
- The feelings and mood changes that occur in teenagers.
- Pressure, Aggression, Coercion, Violence, Emotional Implications and Consent.
- Sexually transmitted infections/diseases. Sexual Health, Rights and Responsibilities.
- Guest speakers from the School Nursing Service.

We recognise that effective sex education will address the moral and emotional issues, as well as the biological aspects and be relevant to a multi-cultural society. The programme will be informative and sensitively delivered, in accordance to our Sex and Relationships policy; however, if for any reasons, you do not wish your son / daughter to take part in these lessons on moral or religious grounds, you have the right to withdraw your son / daughter from taking part. If this is the case, then please do not hesitate to contact us in writing at enquiries@ixworthfreeschool.org.uk or by telephoning on [01359 234050](tel:01359234050).

Yours faithfully

Mr J Hudson
Head of Lower Years

Ms P Parker
Head of Upper Years

