



## Parenting & Family Learning

**A free 6 week course in confidence building for parents or carers.**

**Starts on Thursday  
18<sup>th</sup> May  
12.15 pm – 2.45 pm**

**Phone the number below and join this informal and supportive group.**

### Confidence for Parents

Quaker Meeting House  
St John's St,  
Bury Saint Edmunds  
IP33 1SJ, UK